



Mike Avenali

Mike Avenali has been involved with the sport of lacrosse for 35 years; 25 as a player and the last 10 as an official. He is a US Youth Lacrosse certified training clinician and a member of the US Lacrosse Youth Officials Committee.



John Bistowski

John Bistowski has officiated boys and mens lacrosse for 13 years. He is currently the training instructor for the San Diego County Lacrosse Officials Association (since 2008) and has trained new officials as a member of the Eastern Massachusetts Officials Association (2002-2005). John has officiated this game at every possible level from instructional youth lacrosse to the pros (National Lacrosse League 2007-present). He was formerly trained and mentored in Eastern Mass by some of the top officials in the country and now serves as mentor to many officials in Southern California. John's understands the mechanics, the rules, and the spirit of the game, which enables him to be competent and able official. He promises to deliver an insightful presentation about player safety in boy's lacrosse. John is a native New Englander, who moved to San Diego in 2005 with his wife, a native San Diegan Mari, and their son John, Jr (8 yrs old). John is

extremely happy to be part of the growth of the sport in San Diego and has a vision that some day that big time lacrosse will find its way West and that the officials here will be trained and ready for when that day comes.

Career Highlights

NCAA playoff official

- Crew Chief collegiate Division II & III
- Collegiate Division I official
- National Lacrosse League
- Multiple high school playoff assignments, which includes State (Massachusetts) and District (San Diego CIF) championships
- Multiple Men's Collegiate Lacrosse Association (MCLA) playoff games and regional finals
- MCLA National Championship game in Denver, CO 2009
- Men's Division Officials Council Second Vice President 2006-2007
- EMLOA Vice President 2004-2005



Sydney Chai

Syd Chai is the Director of the Orange County Box Lacrosse League, a Board Member of the Orange County Lacrosse Officials Association, a Moderator of the Inside Lacrosse Online Forum, and the Orange County Lacrosse Association Webmaster. A California native, Syd began playing lacrosse at UC San Diego (UCSD) when a dorm friend recruited him to join the 2nd year club program in 1982. After he transferred to UC Irvine and formed a club team there. He has played on various post-collegiate men's club teams, coached several boys teams from youth to high school, and run his own box lacrosse league. Four years ago, he became a referee in his continuing effort to expand and grow the sport in Southern California.



Lindsay Comodore

Lindsay joined the US Lacrosse team during her senior year at Loyola College in Maryland. She served as an intern in the Chapter Relations Department, and signed on full time upon graduation. Although Lindsay never played competitive lacrosse, she was a member of the Division I swim team throughout her four years at Loyola.



Liz Connelly

2009 Unsung Hero of the Year in Div II ; 2009 Div II second team all-region, 2008 Team MVP, 2008 NCAA DII All-Rookie Team. Explosive player with excellent stick skills and well placed shots...amazing game sense, can play in all areas of the field.



Dana Crompton "National Umpire"

Dana has been involved in women's lacrosse in Southern California since 1983 when she joined as a charter member the UCSD Women's Lacrosse team and has been instrumental in the development of the game throughout Southern California. Dana has served as the Commissioner for the WWLL, Chair of the Local Umpire Board, Regional Umpire Board Chair, Super Region Umpire Board VI Chair and served on the US Lacrosse Women's Official Division National Umpire Committee (WOD NUC), Los Angeles US Lacrosse Chapter, Orange County Umpire Board. Dana has coached at programs including Whittier College and UCI. She has been an umpire for 20 years; achieving her National Rating in 2005. When not on a field, Dana is a healthcare administrator and mother.



Mark Kamyszek

As a native of the Baltimore Metro region, Mark has been involved in lacrosse, in some way or another, for over 15 years when he started playing recreationally. He has been involved as a player, a coach at the youth level, and now an official. Mark's position at US Lacrosse involves working with Member Groups to identify unmet needs in the market and providing a solution to administrators' organizational needs that come with running a lacrosse program. His primary responsibilities include group communications, registration assistance, and USLaxteams.com.



Frank Lansner

Frank Lansner began his officiating career in 1973 shortly after graduation from C.W. Post, where he was a defenseman on the Post Lacrosse team. Frank has officiated three NCAA D3 playoff games, the MCLA National Championship game, numerous WCLL final four games, the CA post-collegiate club championship, and CA and Orange County High School club championships. Frank currently observes and evaluates college and high school officials. He is the Men's Division Officials Council Governor for District 10, which includes CA, AZ, NV, and HI. Frank was recently elected Vice-President of the Orange County (CA) Lacrosse Officials Association.



Susana McDermott

District Umpire - Board Chair, Orange County Umpire Board, Instructor and Assignor, OC/LA/SB Umpire Board. Umpire: USL, CIF, WWLL, NCAA; WWLL Championships: '2006-10; Stars and Stripes, US National Team Training, Portland, OR. 2007; WDOC National Tournament; Tournaments: Western States, Vail, Park City Shootout, Lake Tahoe, UCSB Shootout. As women's lacrosse has evolved in Southern California, Susana has had the privilege to participate as an umpire in some of our "Firsts": Lacrosse game at the Rosebowl: East West Challenge Tournament 2008, USC vs. UCLA; Orange County/LA Women's Lacrosse High School Championships, 2008; Orange County Women's Lacrosse High School Final, 2007

"I am dedicated to the development of Women's Lacrosse in Southern California, and preserving the core values of the sport's culture of sportsmanship and fair play. The athleticism, skill, and level of play, of our student athletes have progressed tremendously. In order for our sport to continue to grow, the level of umpiring has to grow and develop along with them. We must be prepared to referee their level of play, and at the level they are trying to achieve. As instructor, board member, and umpire, I am committed to do my part to achieve this end."



Jacqueline McDevitt

Jacqueline McDevitt, a 2006 Graduate of Long Island University-Brooklyn Campus, earned dual degrees in Marketing and Management from the LIU School of Business. A three year letter winner on the women's lacrosse team from 2003-2006, she was hailed as a tenacious defender, being nationally ranked in ground balls her senior year. Her transition from playing to coaching has been a smooth one and she will certainly benefit the Occidental lacrosse program. Post-collegiate playing experience includes Gotham Women's Lacrosse Club in NYC, playing in the Women's National Tournament on the New York Regional Team and as an exhibition player for the Irish National Team based out of Long Island. From 2006-2008, McDevitt spent two seasons as the first

assistant for the Marist College Red Foxes in Poughkeepsie, NY. Primary duties were practice and game planning, Mid-Atlantic regional recruiter and coach of the goalies and defense. Hired in February of 2008 McDevitt held the position of Brand Manager for deBeet Lacrosse. Her primary responsibilities were to oversee 25 NCAA lacrosse teams' equipment needs, direct the procurement of sponsorship and promotion, grass roots events as well as maximize brand exposure, product development, research and design in addition to social media and marketing and community outreach. During the spring of 2008, McDevitt was the volunteer assistant of the Union College Dutchwomen in Scanectady, NY who were ranked #8 in the nation by NCAA. McDevitt worked primarily with the goalies and the Union goalkeeper was named to the IWLCA All Region and Liberty League All Star teams.



Ginger Miles "Head Coach Claremont-Mudd-Scripts Women's Lacrosse Team"

2010-11 marks the 2nd year of Ginger Miles' head coaching career at Claremont-Mudd-Scripts for the women's lacrosse team. Miles is a 2006 graduate of the University of Virginia's College of Arts and Sciences with a degree in Government. She was a volunteer assistant coach at her alma mater in 2009 while working as an admissions counselor in the Outreach Office for the University of Virginia Office of Undergraduate Admissions. She spent three seasons coaching the Blue Ridge Lacrosse Club and coached the Virginia Western Region squad to a gold medal at the 2008 Commonwealth games. In two years as the assistant coach of Western Albemarle High school, the team was named 2007 Jefferson District Champions and 2008 Regional and District Champions. Miles was part of the 2007 and 2008 VHSL Coaching Staff of the Year for Central Virginia. During her time as a goalkeeper at Virginia, the Cavaliers recorded one NCAA championship (2004) and two ACC championships (2004 & 2006).

She earned ACC All-Tournament Team and All-ACC Academic Team honors in 2006. Miles is ranked seventh overall in all-time career saves and tied for sixth in season saves.



Mary Kay Slate

Mary Cate came to USL in 2006 from an 8-year run as a PE teacher and coach. She played Div. III field hockey and lacrosse in college, which lead her into a coaching career beginning in England for 3 years directly out of college. Mary Cate has had the privilege of working on a large variety of projects and initiatives within Sport Development over the last 4 and ½ years, beginning as the liaison for the former US Lacrosse Youth Council and managing all of the inner-city / disadvantaged youth programs. Currently, she oversees all programs and grants US Lacrosse offers that are specifically intended to *start new* and *assist existing* lacrosse teams across the country.



Lorne Smith

Growing up in Baltimore, Lorne has not missed a lacrosse season since he started at age six. During a particularly successful stretch which included high school, college, and Team USA U-19, Lorne did not lose his last game of the season for five years resulting in six straight championships. During that time he was coached by two of the top minds in the game today – John Tucker (Gilman) and Bill Tierney (Princeton).



LORNE SMITH LACROSSE

Moving to San Francisco in 1999 has offered the opportunity to stay involved with lacrosse on a number of levels including playing professionally, coaching a team at the collegiate level, directing youth camps and clinics, and offering free coaches clinics. Lorne currently resides in the Bay Area where he works for Warrior and Brine Sports, and continues to help in the development of West Coast lacrosse.

Career Highlights:

- Gilman High School '95- 2x All-American, 2x MIAA Champion '94, '95, Baltimore Player of the Year '95
- Team USA U-19 (Summer '96)-World Champion, Edogawa, Japan
- MLL- Summer Showcase 2000, LA Riptide '06-'07
- Stanford University Men's Lacrosse-Co-Head Coach '02-05, Head Coach '06-'07, Director Stanford Lacrosse Camp, '01-'07
- Princeton University ('99)-3x All-American Midfielder and Attackman, 3x NCAA National Champion
- Warrior and Brine Sports-Founder and National Director Players Club Experiencecamp circuit, '03-'06, West Coast Sales Rep, '07-present



Matt Striebel “Director: Trilogy Lacrosse and Team USA Champion”

Matt is in the most elite class of lacrosse players in the world and is arguably the best midfielder in the game. He has a cannon of a shot on the run or with time and room. He is nearly impossible to guard one on one. A true playmaker, Matt’s tremendous vision allows him to feed as effectively as he can score. Matt is the ultimate lacrosse instructor, besides his vast knowledge of lacrosse, his passion for the game is contagious and quickly picked up by his players. When not playing and teaching lacrosse, Matt plans to start on the next great novel. He earned an MFA in Creative Writing from the University of Iowa and a BA in English from Princeton University.

- MLL Chicago Machine 2009
- MLL Philadelphia Barrage 2001-2008
- MLL Champion Philadelphia Barrage 2004, 2006 & 2007
- MLL All Pro 2007 & 2008
- MVP MLL Championship Game 2007
- Team USA Champion 2010
- Silver Medalist Team USA 2006
- Gold Medalist Team USA 2002
- NCAA Champion Princeton University 2001
- NCAA 2X All American Princeton 2000 & 2001
- 3X All Ivy League
- Assistant Coach Princeton University 2005



Erin Sturgis

Erin started in the Membership Department in 2003, and then briefly transitioned to the Technology Department before becoming Director of Chapter Relations in 2005. Erin is the primary contact for all USL chapters nationwide and staff liaison to the Regional Chapters Committee. She attended and played soccer and lacrosse at the College of Notre Dame and is currently a post collegiate club player.



Suzette Soboti "Head Coach University of Redlands Women's Lacrosse Team"

Suzette Soboti joined the University of Redlands in April 1998 and coached the women's lacrosse team in its first year of intercollegiate competition in 1999. She is also the women's soccer coach for the Bulldogs. Prior to coming to Redlands, she spent four years as head women's soccer coach at Middlesex County College in New Jersey. Soboti has coached the women's lacrosse team since its varsity inception in 1999. In 2006, she boasted the program's best finish while competing as a Division III Independent with an overall record of 11-4. Prior to that, the Bulldogs earned a 14-4 mark in the Western Women's Lacrosse League and finished second in the tournament during the 2000 season. A 1991 graduate of Skidmore College in New York, Soboti played goalkeeper in both soccer and lacrosse for four years. She also excelled at basketball. She went on to earn a master's degree from Montclair State University. Soboti calls herself a fan of horror movies and books and enjoys "outdoors stuff" and classical music.

She and her husband, Brian Swinson, reside in Redlands with their dogs, Ginger and Kona.



Stephanie Svetlik-Haley

Stephanie Svetlik-Haley began officiating women's lacrosse when the shortage of officials in Southern California was brought to her attention as a captain of her women's lacrosse collegiate club team. Stephanie has served on the Los Angeles Umpire Board, San Diego Local Umpire Board, and WWLL Executive Committee in various capacities. Stephanie is always eager to recruit and train more officials to help support the growth of the sport. On the side, she always enjoys coaching the CSU, Fullerton women's lacrosse team and would love to see new faces at her games.



Michele Uhlfelder "Head Coach Occidental College Women's Lacrosse Team"

Since 2000, Uhlfelder has spent her time developing the game of lacrosse in Northern California. As the former Head Coach at Stanford for 8 years, her team earned the distinction of becoming the first west coast program to ever reach the NCAA tournament, and to ever produce west coast All-Americans and U.S. Team players. Uhlfelder is known as a creative teacher of the game and she has built successful camps, clinics, and clubs. She is the founder and director of the Bay Area WAVE high school and middle school lacrosse club/travel team, which plays coast to coast in tournaments and holds regular practice outside of the high school season. She also currently runs Coast to Coast Lacrosse Camps and Coaching Clinic. In 2009, she served as the Director of Player Development/Associate Head Coach at The Menlo School, as well as serving as the Head Coach for Nor-Cal's U15 National Tournament Teams. In addition, she teaches private lessons and serves as a consultant to: high school teams; individual coaches; deBeer Lacrosse; and family's in the college recruiting process. Prior to Stanford, Uhlfelder was an assistant coach for 2 years at Duke, and 4 years at Old Dominion. At Duke, she coached 6 All Americans and helped the team reach the Final 4. She brings a wealth of playing experience including a 15 year run on the U.S. National team, helping the U.S.A. earn two gold medals in the 1997 (Japan) and 2001 (England) World Cups. She has represented the U.S. on international tours to Australia and England, Scotland, Wales. In her playing days as a Terp at the University of Maryland, she was chosen as the Offensive Player of the Year in Division 1 Lacrosse as well as a First Team All American. She helped the Terps reach two NCAA Championship games. For these accomplishments she has been honored in her hometown by being inducted into the Baltimore Chapter of US Lacrosse Hall of Fame and was chosen as the recipient of the Pikesville HS Distinguished Alumni Award.



Johnny Walker

Johnny is the current OCLOA director of training and new membership. He has been officiating NCAA D1-D3 and MCLA games in CA and New England for 11 years being selected to officiate post season playoff games including the MCLA National Championship game and the NCAA North South all star game. He has refereed many CA and MA High School play-off, Championship and all-star games and was the past EMASS Vice President. Johnny was selected to the 2010 FIL World Championship tryouts held in conjunction with the 2010 player tryouts and was selected as an alternative for the 2010 games. He has played and refereed men's club games in Vail, Chicago, Lake Placid, NE, New Orleans, St Louis and Florida and refereed the 2009 and 2010 CA Men's Club Championship games. Johnny played and coached New England Prep, High School and NCAA Collegiate Lacrosse since 1981 and was team captain during his Jr. and Sr. years at Plymouth State University. He played club ball for Brine and FLC throughout NE and national tournaments for 18 years as a faceoff midfielder.



Liz Wells

Liz Wells joined the Maroon and Gray coaching staff in the spring of 2010 as the assistant women's lacrosse coach. Wells united with the Bulldogs on a full-time basis as the graduate assistant coach in the fall of 2010. In addition to coaching the Bulldogs, she attends the School of Business in pursuit of her Master of Arts in Management. Prior to her time at the University of Redlands, Wells served as the assistant coach at Claremont-Mudd-Scripps Colleges during the 2008 and 2009 seasons. She helped the Athenas advance to the second round of the NCAA Championships in 2008. Before her coaching days, she attended Nazareth College (NY) and competed as a defender for the Golden Flyers women's lacrosse team as four-year student-athlete. She put together a collection of hardware by earning Empire 8 All-Star First-Team honors and New York State Women's Collegiate Athletic Association (NYSWCAA) All-Star accolades during three of her seasons. During her junior campaign, she also garnered a spot on the IWLCA Empire Region All-Star Second

Team. Overall, she helped the Golden Flyers capture the Empire 8 Conference championship in 2005 and 2006, while making the NCAA tournament every year of her career. During her tenure, Nazareth amassed an impressive record of 55-11. In the future, Wells strives to continue her coaching path and eventually become a head collegiate women's lacrosse coach. She enjoys sharing her knowledge of the game and decided to move to the West Coast to reach out to a community that is not as familiar with the sport of lacrosse. Off of the field, Wells enjoys cooking, gardening and hiking. She now resides in Redlands.



Level I Coaching Education Program Instructors

Alise Shuart "Level I Coaches Education Program Clinician-Women's Game"

Alise Shuart is in her fourth year teaching Physical Education and Health teacher the Montclair Kimberley Academy Middle School (Montclair, NJ). She coaches the Middle School Field Hockey team in the fall and the Junior Varsity Girls Lacrosse team in the spring. Prior to MKA, she taught at the Episcopal School of Dallas, where she was the varsity field hockey and lacrosse coach for 3 years. She was named "The Dallas Morning News Coach of the Year" two times in lacrosse while she was there. She has coached at almost every level: third grade through college. A certified lacrosse official as well, Alise keeps herself busy during the off season by running! She has run three marathons and numerous half marathons. A graduate of Kenyon College, she played field hockey and lacrosse there for four years.



Jim Williamson "Level I Coaches Education Program Clinician-Women's Game"

Jim Williamson has been teaching lacrosse since 1983. He has coached State Championship teams in girl's lacrosse in both Maryland and Utah. He is currently serving on the High School Girls Coaches Council in Utah. He is currently coaching the Murray High School Girl's Lacrosse Team.



Marty Lattman "Level I Coaches Education Program Clinician-Men's Game"

Since his playing days at the College of Wooster in Ohio, Marty Lattman has been involved in coaching, teaching, and administering lacrosse for almost 20 years. This experience spans a broad spectrum of activities. He has served as a head coach at the youth, high school JV, high school, and college levels. He has written several articles on lacrosse in such publications as Lacrosse Magazine, Coaching and Athletic Director Magazine, and the Lacrosse Coaching Newsletter. Marty is a certified Level 1 Trainer in the U.S. Lacrosse Coaches Education Program, and has conducted more than 15 clinics all over the country. Active in the U.S. Lacrosse volunteer hierarchy, he served as a member of the National Youth Council and the Men's Division Board of Governors from 2007-2010. Marty was a featured speaker at both the 2005 and 2008 U.S. Lacrosse National Conventions, and was chosen in 2009 to represent U.S. Lacrosse at the Native Vision youth sports camp in White River, Arizona. Over the last 4 summers, Marty has run a lacrosse camp for youth and high school players in East Lansing, Michigan and other locations as requested.



Kevin Meany "Level I Coaches Education Program Clinician-Men's Game"

For the past 19 years Meany has coached lacrosse at the youth, high school, and college levels. In 2001 he received the Distinguished Service Award from the New Jersey Chapter of US Lacrosse. He is also a member of the US Lacrosse Century Club recording over 100 victories as head coach at Millburn High School in New Jersey. Meany played at Providence College and the Delbarton School in the early 80's. Most recently Meany was the Head Coach at Alvernia University in Reading, PA. Prior to Alvernia he was the Head Coach at Salve Regina University in Newport, RI.